

**Try to Put Aggravating Issues into Perspective
or Resolve Them**

I hate: Driving in the city		
Why?	Real annoyance or minor nuisance?	What can be done about it?
Dangerous, frustrating, infuriating, and interminably time-consuming. I've come to dislike driving so much it is almost phobic—a radio traffic report makes my gut tighten, even if I'm not in the car. I plan days to avoid driving as much as possible, & if I didn't <i>have</i> to drive to buy groceries & go to work, I wouldn't drive at all.	Serious annoyance	Seek psychological counseling for nascent phobia Get MP3 player & upload music; stop listening to radio stations w/ traffic reports, annoying ads, and endless sturm & drang talkshows. Check traffic conditions online before leaving office or house. Improve quality of destinations—I never go anyplace that I want to go—only to places where I have to go! Develop "fun" destinations & go there several times a week.
I hate: Dorking around with making dog soup		
Why?	Real annoyance or minor nuisance?	What can be done about it?
Time-consuming, messy, & takes time away from things I'd rather do.	Nuisance	Substitute canned dog food for dog soup. (Probably too expensive; also, probably will make the dogs sick.) ⇒ Extremely bad move! Canned food was among those mfr'ed by Menu Co, which recalled foods contaminated with rat poison.
I hate: Knowing the Perp is watching me come and go and at any time may commit new vandalism when he sees me leave the house.		
Why?	Real annoyance or minor nuisance?	What can be done about it?
Invades my privacy; I don't want him trespassing on my property & vandalizing my yard & pool	Expensive, serious annoyance	Backyard alarms are already in place. Installed cameras.

equipment.

Take him and his vindictive father-in-law to court or press criminal charges if a picture can be taken.

Get a shotgun & learn to use it legally.

When Anna dies, get a dog that really will bite.

I hate: **Dealing with La Morona**

Why?

Real annoyance or minor nuisance?

What can be done about it?

She's a moron; she's incompetent; she creates extra work for everyone; she embarrasses our office, and she may represent a danger to my Creative Malingering schemes

Probably has subsided to nuisance level

Most steps have already been taken: keep her busy as harmlessly as possible.
Quit CM and show up at work more.

I hate: **Having every dratted thing I do be interrupted by some other task I have to do.**

Why?

Real annoyance or minor nuisance?

What can be done about it?

Dare to sit down and 15 new chores pop up that have to be done *right now*. Maintaining the house, yard, pool, & car, caring for two large dogs, holding a job, and keeping myself going entail more work than one person can do in the time available from waking to bedtime.

Mostly nuisance, but very frustrating

Leave some things undone.
Make lists & stick to them.
Always finish one task before starting the next.
Hire someone to clean house.
Hire a student to clean up dog shit, grocery shop.

I hate: **Spending money.**

Why?

Real annoyance or minor nuisance?

What can be done about it?

Worry that I won't have enough to pay the bills: bag lady syndrome.

This is a neurosis!

Find a way to be more realistic about the amount of cash flow available.
Continue simplifying bookkeeping.
Seek new ways to simplify budgeting and bring it more

in line with the reality of cash flow.

I hate: **Dave's Marina & Used Car Lot**

Why?	Real annoyance or minor nuisance?	What can be done about it?
Unsightly; makes the whole neighborhood look like Appalachia West; erodes property values.	Nuisance	Nothing. Get a grip!

I hate: **Biker Boob and his flicking Harley**

Why?	Real annoyance or minor nuisance?	What can be done about it?
Violently irritating racket violates the peace of my home; also, he deliberately annoys the neighbors with the damn thing. Also annoying that cops refuse to enforce noise & safety laws.	Nuisance, verging on annoyance	Turn on music loud enough to drown the SOB out. Check with neighborhood assn to see if anything can be done about sociopaths in rentals.

I hate: **Cop helicopters parked over the house two, three, or four times a week**

Why?	Real annoyance or minor nuisance?	What can be done about it?
Noisy & scary—fleeing perps have jumped walls into yards; especially irritating since the cops either won't show up when neighbors here call for help or take as long as an hour after citizens catch burglars in home or suffer home invasions.	Nuisance	Nothing. Lock the doors & get a shotgun. Find out if there are any action groups fighting excessive helicopter noise. Plan retirement in Patagonia, a no-fly zone.

I hate: **Cleaning up dog mounds**

Why?	Real annoyance or minor nuisance?	What can be done about it?
Messy, unpleasant, never-ending job; dogs dump 10 or 12 mounds a day	Nuisance	Quit bellyaching and do it. !!! Cook real food in kitchen and quit feeding dogs commercial dog food, which is full of grain. Results in much less dogshit, many fewer flies, much happier dogs and human.

I hate: Quickening!

Why?	Real annoyance or minor nuisance?	What can be done about it?
Time-consuming torture. Mac's version is retrograde. It takes hours to enter data, make accounts reconcile, and parse out what it all means.	Annoyance	Continue to simplify bookkeeping. Switch Quicken back to PC, whose version of Quicken works better. Get Windows for the Mac; set up a parallel universe, and do Quicken for Windows there.

I hate: Word for Macintosh

Why?	Real annoyance or minor nuisance?	What can be done about it?
It doesn't have enough keyboard commands; those it does have are different from Word for Windows. Switching back & forth screws me up and slows my work on both platforms.	Annoyance of the first water.	Install Windows under OS X and use Word & Excel there.